

Abundant Life Center
October 2013 Volunteer of the Month



Thank you, *Liliana Penaherrera*, for being a good steward and for feeding our community on so many levels.

*M*ost of us know Liliana for her beautiful voice and ability to write chants that can touch you to the core of your spiritual being. Not only that, but quite a few of us have been inspired to quiet ourselves within and to allow forgiveness to work its magic in our souls through her Ho'oponopono workshops she leads with Shama. Her desire to feed us spiritually is palpable when she sings the chants divinely inspired through her inner spiritual guidance, however, what not everybody may know is what an incredibly good cook she is. Her desire to feed people on a deeper level is expressed through the food she serves others, as well. If you go to any event she hosts, she not only makes a main dish that tastes wonderful, but several others to ensure that all food allergies are covered and everybody gets to enjoy her feast. Does anybody remember her tamale fundraiser? You not only learned how to make tamales in her kitchen, but also how to eat them! (The best part of the lesson). Or how about her second music CD celebration in which she brought lasagna? You never leave hungry – spiritually or physically.

*L*iliana has a unique perspective on life as a result of living in Ecuador and her capacity to foster community was greatly impacted through this. A stunning example of this was the fundraiser for Rev. Auda Marie that she spearheaded recently. The sense of community and heart-opening connections shared that evening will be remembered by all who were present for a long time. Our community is made richer as a result of her presence, and we are all grateful.

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